



Five Wednesdays in Lent

Come for midweek prayer, refreshment, conversation, and community during Lent.

From 6 to 7:15 pm on Wednesdays we will meet on Zoom for a brief service of Compline. We will use the New Zealand Prayer Book (rite will be provided), with its rich creation imagery.

Following Compline, we will meet for soup and conversation on an aspect of prayer, from materials sent the week before. Topics include intercessory prayer, meditation, veneration, Lectio Divina and The Spiritual Exercises of St. Ignatius.

I will send a soup recipe* for you to try out each week, with the Zoom meeting information.

All Ages Welcome!

**Meeting times: Wednesdays at 6 to 7:15 pm, February 24-March 24
(We will not meet in Holy Week.)**

*There is no pressure to make the soup, or even have soup! This is just offered as a fun, added way to connect with a shared project.

Come as you are and as you are able!